

DIRECTOR

CUES Learning & Development Month

# 31 Day Challenge





## CUES Learning and Development Month celebrates our members' commitment to creating a culture which advances both professional and daily skill development in the workplace.

During this month we encourage you to leverage your CUES membership benefits by planning learning opportunities for not only this month, but the next 11 as well, for a full year of learning. Gaining knowledge does not have an expiration date. We want you to take initiative and make the most of your membership.



## You can use your CUES membership to develop the following areas:

### 1. Communication Skills

Communication development will help you build relationships with members and colleagues. Public speaking, listening skills, and empathy are all built on when developing these skills.

### 2. Work Ethic

Creation of an accountable, dependable team valuing honesty, integrity, and professionalism is skilled in interpersonal communication, ethical actions and reactions, and conflict resolution.

### 3. Organizational Skills

Learning to effectively multi-task, manage time, and prioritize will save you time and money.

### 4. Leadership

Increase your confidence in areas of management, decision-making, delegation, and problem-solving.

### 5. Critical Thinking

Critical thinking solves complex problems in new ways and is the backbone of bringing your career to the next level.

### 6. Self-Care

Self-care is inversely correlated to happiness and engagement. The less stress you have, the happier and more engaged you'll be.

### 7. Flexibility

Being open to learning new skills, adaptable to change, versatile and resilient will allow you to be better able to improvise when needed.

# 31 Day Challenge

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Log in to <b>cues.org</b> and personalize account <ul style="list-style-type: none"> <li>• <b>Update</b> contact preferences</li> <li>• <b>Explore</b> "Access My Benefits"</li> <li>• <b>Download</b> the Director Onboarding Toolkit</li> </ul> Decide what skills you want to develop.
<b>4</b> Visit the <b>Director Education Center</b> and <b>register</b> for one course. <b>Schedule</b> time this week to complete the course.	<b>5</b> Work on course	<b>6</b> Register for CUES 2021 Member Appreciation and Awards Ceremony at <b>cues.org/MAE</b> .	<b>7</b> Work on course	<b>8</b> Complete course and <b>post</b> course completion certificate on social media.
<b>11</b> Email other directors, the EA or CEO the link to the course that you completed and a list of things that you learned.	<b>12</b> Visit <b>CUESNet</b> , set up profile, join communities, <b>meet</b> peers. You are already part of the CUES member community.	<b>13</b> Reflection Question: What skills/knowledge do I need for a desired role?	<b>14</b> Visit CUES DEI Resource Center at <b>cues.org/DEI</b> .	<b>15</b> Reflection Question: Where do I see potential for growth in myself?
<b>18</b> Log in to your account, visit <b>CUmanagement.com</b> and browse our digital magazine.	<b>19</b> Visit the <b>Events</b> page to register for an upcoming learning opportunity for directors.	<b>20</b> Reflection Question: What kind of work would I like to be doing that I am not currently doing?	<b>21</b> Attend the 2021 Member Appreciation and Awards Ceremony at 2:00 p.m. CST.	<b>22</b> Check out the CUES Awards Winners online at <b>cues.org/awards</b> .
<b>25</b> Schedule time each quarter to complete a Director Education Center course.	<b>26</b> Email your CEO and thank them for providing access to CUES Membership.	<b>27</b> Reflection Question: What is a stretch goal I can create based on my current skill set and available resources?	<b>28</b> Post on social media something you learned during learning and development month.	<b>29</b> Select and start your next course.